



HEALTH QUEST

CENTER FOR HEALTH & LEARNING

Date _____

Dear Parents,

Throughout the next 6 months, our class will be participating in an interactive and interdisciplinary project that will broaden their understanding of how common chronic diseases like heart disease, cancer and diabetes impact our world and our own communities.

Your child will be asked to research statistics, conduct interviews and analyze survey data that will reveal the proven risks and recommended preventions for these diseases. As a group, our class will conduct a final project that involves surveying our school community for risks of chronic disease, analyzing data, formulating an action plan based on survey results and presenting this plan to our school board.

We will be Utilizing an on-line resource which was developed by the **Center for Health and Learning** with help from **Blue Cross and Blue Shield of Vermont**. We will be given an opportunity to share ideas with other participating schools and promote our accomplishments on the **Health Quest** web site. If you would like to visit the Health Quest site go to www.healthandlearning.org.

Sincerely,