



HEALTH QUEST

Learning Task 4

Student Fact Sheet

Analyzing Vermont's Youth Risk Behavior Survey

WHAT IS THE Youth Risk Behavior Survey (YRBS):

The Center for Disease Control (CDC) developed the Youth Risk Behavior Survey to monitor health-risk behaviors that contribute substantially to the leading causes of death, disability, and social problems among youth and adults in the United States.

Since 1992, this survey has been offered biannually to student's grades 9-12 all across the country. All 50 state education agencies, seven territorial education agencies, and 24 local education agencies are eligible to receive funding to conduct this survey.

The types of risks being surveyed include:

- dietary behaviors,
- physical activity,
- tobacco use,
- alcohol and other drug use,
- sexual behaviors,
- unintentional injuries and violence

Classroom Presentation

Your teacher will present a power point presentation that introduces you to the Vermont Youth Risk Behavior Survey. This presentation will also demonstrate some of the more relevant health risks of Vermont Youth using 2005 survey results. **Take good notes, you will need them to complete your research paper.**

Youth Risk Behavior Survey Results

Your teacher will provide you with an extensive handout of the 2006 YRBS results. Review this information in your work group. If necessary, ask your teacher for help with interpreting **Prevalence and Use Tables**. Be prepared to include some of your findings in your research paper.



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Learning Task 3

Research Assignment

As a group, discuss what you learned from Youth Risk Behavior Survey results. Use your notes from the YRBS power point presentation and from the Vermont YRBS handout to Write a 2-3 page research paper explaining what you have learned.

Make sure your paper includes:

1. The benefits of conducting regular YRBS to school children
2. Two behavior risks that effect Vermont youth
3. Two Vermont survey results that you found interesting

Online resource for additional learning:

These web links will provide you with additional background information on the Youth Risk Behavior Survey, as well as results from other states.

www.healthvermont.gov : Vermont Department of Health, Search for YRBS

www.cdc.gov/healthyouth/yrbs/index.htm : Center For Disease Control, find blank copy of YRBS, click on questionnaire