



Training in Crisis Prevention & Management (CPM)

(Personalized professional development tailored to your school)

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“Bobby constantly fools around, refuses to do his work and disrupts my class. Carla uses the “F” word in just about every other sentence. James has threatened his peers and me more than a few times”.

The purpose of CPM is to provide training and technical assistance aimed at strengthening the capacity of school communities to humanely and effectively prevent and respond to challenging behaviors and school crises such as those illustrated by the above examples. CPM also focuses on developing school wide and classroom discipline systems and improving school climate.

CPM emphasizes that discipline is an opportunity to help students learn how to be responsible members of their school community rather than an opportunity to do something to someone. Training and technical assistance is offered for educators and parents on a variety of topics:

- Distinguishing discipline from punishment and using consequences effectively
- Understanding the communicative functions (motivations) of behavior
- Learning anger management and impulse control techniques
- Developing individual student behavior plans
- Building positive relationships with students
- Creating a bully-free environment
- Developing strategies for creating nurturing school environments for staff
- Strengthening family-centered practices
- Learning how to de-escalate a behavioral crisis and promote self-reflection
- Targeted school violence
- Establishing school wide and classroom discipline systems
- Strengthening school climate
- Collaborative teaming and problem solving

CPM is based on the work of many educators, programs and organizations such as Larry Brendtro (the “*Circle of Courage*”), Arnold Goldstein, Alfie Kohn, Discipline with Dignity, Reality Therapy, Research for Better Teaching Inc., the Crisis Prevention Institute and Non-Abusive Physical and Psychological Intervention.

A detailed description of the CPM Project is readily available upon request by contacting Ron Rubin at rlrubin@verizon.net.

