



## **Survivors of Suicide (SOS) Support Groups**

***Have you experienced the impact of a loved one's suicide?***

Our meetings provide a time to help one another grieve. This is not a therapy group. It is a free support group. We respect each other's confidences and honor the uniqueness of each person's grief work. We share what can be helpful in this process. We offer resource materials, stories, and listen to your story. Whether you lost a friend, spouse, parent, child, co-worker, sibling or anyone you care about. Please consider joining us.

### **Burlington Support Group**

**1<sup>st</sup> Wednesday of each month**

6:00 pm – 7:30 pm  
Comfort Inn & Suites  
5 Dorset Street  
South Burlington, VT

Contact: Linda Livendale, 802-272-6564  
email [ljlivendale@yahoo.com](mailto:ljlivendale@yahoo.com)

### **Heartbeat Vermont**

**3<sup>rd</sup> Tuesday of each month**

6:30 pm – 8:00 pm  
Maple Leaf Clinic  
167 North Main Street  
Wallingford, VT

Contact: Melissa Cox, 802-446-3577  
email [mapleleafclinic@vermontel.net](mailto:mapleleafclinic@vermontel.net)

### **Middlebury Support Group**

**1<sup>st</sup> Wednesday of each month**

6:00 pm – 7:30 pm  
Hospice Volunteer Services  
Marble Works District  
63 Maple Street  
Middlebury, VT

Contact: Kathy Jones, 802-855-1454  
email [peaceinvt@comcast.net](mailto:peaceinvt@comcast.net) or  
Contact: Patty Dunn, 802-388-4111  
email [pdunn@hospice.org](mailto:pdunn@hospice.org)

### **Montpelier Support Group**

**4<sup>th</sup> Thursday of each month**

6:00 pm – 7:30 pm  
56 East State Street  
Montpelier, VT

Contact: Cory Gould, 802-223-4111  
email [cgould1136@earthlink.net](mailto:cgould1136@earthlink.net)

### **ST. Albans Support Group** *(beginning 9/9/10)*

*(serving Franklin County area)*

**2<sup>nd</sup> Thursday of each month**

6:00 pm – 7:30 pm  
Northwestern Medical Center  
133 Fairfield St., Conference Rm #3  
St. Albans, VT 05478

Contact: Tony Stevens or Deborah Babbie, (802)393-6503  
or email [astevens@ncssinc.org](mailto:astevens@ncssinc.org)

**If you or someone you know are in crisis, call 1-800-273-TALK (8255)**  
[www.afsp.org](http://www.afsp.org) **(Vermont Chapter, affiliated SOS)**