

# ADAP PREVENTION TRAININGS

## Workshops in “Best Practice” For Prevention Training and Education

*Presented by Center for Health & Learning under a grant from  
VT Dept of Health, Division of Alcohol and Drug Abuse Programs*

This series of trainings is designed for the Vermont prevention workforce: prevention consultants; community and youth development workers; health educators; counselors; school nurses; and coalition and school health advisory council members.

There is a \$35 fee for each workshop, which includes materials and a continental breakfast. Participants should bring a bag lunch. CEUs are available up to 6 contact hours.

Times for most trainings:

8:00 Registration & Continental Breakfast  
8:30 – 3:00 Training



CENTER FOR  
**Health &  
Learning**

 **VERMONT**  
DEPARTMENT OF HEALTH

**To register for these trainings visit our web site at**

[www.healthandlearning.org](http://www.healthandlearning.org)

**For more information:  
info@healthandlearning.org  
802.254.6590**

### ***ADDICTION 101***

**Date: January 29\*Location: Montpelier\*Trainer: Debby Haskins**

For the beginner who wants a better understanding of the continuum of care. Topics include the classes of drugs, routes of administration, types of addiction, the differences between the adolescent and the adult brain and the treatment available in Vermont.

### ***PREVENTION 101***

**Date: TBD\*Location: Rutland\*Trainers: Michelle Salvador & Sarah Roy**

An introduction to current substance abuse prevention practice. Examine the culture of drug use in Vermont, explore attitudes toward substance use, learn the public health and community development models of prevention, review a comprehensive prevention plan and become familiar with prevention resources.

### ***ARTS IN PREVENTION***

**Date: March 31\*Location: Montpelier\*Trainers: Dayna Scott & Flynn Center Trainer**

Learn how to integrate arts activities into your strategic prevention plans and how to consider special policy issues when implementing art-based prevention activity or strategy. Discover the different arts resources available throughout Vermont and hear how other coalitions have successfully used the arts in their prevention work.

### ***RESILIENCY 101***

**Date: April 8\*Location: Rutland\*Trainer: Sue Mahoney**

An introduction to resiliency as it fits into the prevention field. You will hear about the research base that supports resiliency strategies, explore your own resiliency and learn how to nurture it in others.

### ***CONFLICT RESOLUTION***

**Date: TBD\*Location: Montpelier\*Trainer: Susanne Terry**

This training teaches key skills and a theoretical framework that will foster healthy and productive conversations, relieve the stress of conflict and break the cycle of misunderstanding.

### ***ESSENTIAL GRANT SKILLS***

**Date: November 23\*Location: Randolph\* Trainer: Chuck Putney**

Topics include: developing an effective program plan and identifying the grant makers that would support it; the key elements of a clear and compelling proposal; talking about your organization; structuring your grant-seeking plan; foundations and why they give money; government grants; and research tools and strategies.

### ***Also of interest.....***

#### ***UMATTER FOR SCHOOLS: YOUTH SUICIDE PREVENTION***

**Date: February 17-18\*Location: Montpelier**

**Date: March 9-10\*Location: White River Junction**

A comprehensive school-wide program for youth suicide prevention. Bring a team from your school of Administrative Sponsor, School Liaison, Community Liaison and Health Educator. Learn the facts about suicide, update your school's protocols, get resources for teaching parents and students about warning signs and how to get help. A fee of \$35 per person includes a continental breakfast, lunch and materials. The *Lifelines* curriculum will be available for \$150 per school. **Trainers: Debby Haskins, Brian Remer, JoEllen Tarallo-Falk**

#### ***ALCOHOL, TOBACCO AND OTHER DRUG EDUCATION (ATOD)***

**Date: March 26\*Location: Montpelier\*Trainer: Margo Austin**

This two-day prevention training covers: pharmacology; the continuum of chemical use; chemical dependency in the family; societal and personal attitudes, policy and legal issues; support and referral for students in distress; curriculum development; school climate; and drinking and driving. A fee of \$250 includes breakfast, lunch and materials. One graduate credit is available for an additional \$250.

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*Prevention Trainings Inside*