

## VERMONT PEDESTRIAN AND BICYCLE SAFETY EDUCATOR COMPETENCIES

<b>PEDESTRIAN AND BICYCLE SAFETY EDUCATION</b>	
<b>Knowledge</b>	<b>Skills</b>
<ul style="list-style-type: none"> <li>• Knowledge of behavior change theories</li> <li>• Familiarity with Coordinated School Health and how coordinated approaches promote change</li> <li>• Knowledge of key concepts of pedestrian and bicycle safety, e.g. use of helmets, rules of the road</li> <li>• Familiarity with Vermont’s pedestrian and bicycle safety education curricula: <i>WalkSmart / Bike Smart Vermont!</i> and resources</li> <li>• Understanding of how pedestrian and bicycle safety practices promote wellness and prevent injury</li> <li>• Knowledge of key national, state, community and school contacts to use as resources for training delivery. Resources noted on CHL website</li> </ul>	<ul style="list-style-type: none"> <li>• States benefits and value of pedestrian and bicycle safety education</li> <li>• Demonstrates experience teaching children and adolescents</li> <li>• Links relevant health and education data and policy into presentations</li> <li>• Uses student pre and post test data to enhance lessons and presentations</li> <li>• Uses a variety of tools and resources to deliver safety education</li> <li>• Accurately demonstrates correct way to fit a bicycle helmet and check equipment and clothing prior to riding</li> <li>• Suggests ways to link pedestrian and bicycle safety education into general curriculum</li> <li>• Utilizes curriculum and resources developed and recommended by CHL</li> <li>• Recognizes areas of safety education that need expertise of other resources</li> </ul>
<b>LEARNING ENVIRONMENTS</b>	
<b>Knowledge</b>	<b>Skills</b>
<ul style="list-style-type: none"> <li>• Teaching/training methods and strategies that involve and motivate participants</li> <li>• Knowledge of resources for pedestrian and bicycle safety education</li> </ul>	<ul style="list-style-type: none"> <li>• Creates a safe, comfortable and welcoming learning environment</li> <li>• Models effective communication including active listening</li> <li>• Actively engages children in lessons</li> <li>• Integrates own and learners’ experiences and skills into professional content and exercises</li> <li>• Paces training for group’s developmental needs while keeping to task and timeframe</li> <li>• Promotes and models appreciation of diversity, tolerance, and cultural sensitivity</li> <li>• Practices decision making, negotiation and conflict resolution skills when appropriate</li> <li>• Provides resources for participants’ continued learning and skill development</li> </ul>
<b>PERSONAL ATTRIBUTES</b>	
<ul style="list-style-type: none"> <li>• Exhibits self-awareness including one’s behavioral impact on others.</li> <li>• Projects clear positive attitudes about pedestrian and bicycle safety and experiences bicycling and walking and desire to promote their use.</li> <li>• Utilizes positive communication skills (e.g., use of humor, assertiveness, effective listening skills and messages that are non judgmental).</li> <li>• Exhibits patience and understanding in a variety of situations and seeks respectful conflict resolution</li> <li>• Is flexible and works collaboratively</li> </ul>	