

The Vermont Department of Mental Health and
Center for Health & Learning present
The *Lifelines* Program for Suicide Prevention:
Creating Communities of Hope
For Middle and High Schools
Who Should Attend

Role	Filled by...	Responsibilities
Administrative Sponsor	Principal Assistant Principal or Other Administrator	Ensures the school's commitment to: 1) Establish protocols and a memorandum of understanding between schools and community mental health professionals 2) Implement the <i>Lifelines</i> curriculum.
School Liaison	School Counselor or Nurse	1) Acts as the school's point person for information and training about youth suicide prevention 2) Provides information to the Vermont Youth Suicide Prevention Coalition about suicide interventions or attempts in the community
Community Liaison	Counselor Therapist or Other Mental Health Professional	Maintains communication between the school and other community professionals
Health Educators <i>(Winter 2009-2010)</i>	Up to 3 Middle or High School Teachers	Implements the four lessons of the <i>Lifelines</i> curriculum in the classroom

Training

Training Offered	Required for...	Content
Gatekeeper <i>Sept 15 Killington</i> <i>Oct 14 Stowe</i> <i>Nov 4 Montpelier</i>	School Liaison (recommended for Administrative Sponsor, Community Liaison, Health Educators)	Offers training to school-based professionals about how to intervene when signs of suicide are evident (1-day session)
Training of Trainers <i>Sept 16 Killington</i> <i>Oct 15 Stowe</i> <i>Nov 5 Montpelier</i>	Gatekeepers (those who have attended the Gatekeeper Training)	Advises how to provide an in-service training for all school personnel and parents (half-day session)
Protocol Development <i>Sept 16 Killington</i> <i>Oct 15 Stowe</i> <i>Nov 5 Montpelier</i>	Administrative Sponsor and Community Liaison <i>(Must come as a team)</i>	Teaches administrators how to set up procedures to insure collaboration between school personnel and community-based mental health and medical professionals (half-day session)
<i>Lifelines Curriculum</i> <i>(Winter 2009-2010)</i>	Health Educators <i>(Prerequisite: Protocols have been written; staff have been trained in suicide awareness)</i>	Trains health teachers in the use of the <i>Lifelines</i> lessons and materials for the education of their students (1-day session)