

Vermont Youth Suicide Prevention Coalition
January 23, 2009
10:00 – 2:00
Hampton Inn, Colchester/Burlington

Meeting Agenda

Introductions

- Who's Here
- Roles
- Areas of Interest

Expectations

- Vision
- Concerns

Overview of Garrett Lee Smith Grant

- National Perspective
- Goals
- Programs
- Evaluation

Current Challenges and Opportunities

- Connecting with Schools
- Parental Consent

Coalition Building

- Membership
- Collaboration
- Organizing the Work
- Future Meeting Dates

Mission from Grant Application:

To create a culture in Vermont in which youth and adults are empowered with knowledge, attitudes, skills and resources to effectively prevent and respond to suicidal behavior by youth.

Training & Marketing Calendar

Who	When	Model
60 Schools; 3 Regions		
Gatekeepers, n = 480 (Nurses, Counselors, Health Educators, Administrators)	Mid-September 2009	Lifelines
Protocol Development (Administrators)	End of September 2009	Lifelines
Training of Trainers (Nurses, Counselors)	Mid-October 2009	Lifelines
Lifelines Educators (Health Teachers)	Mid-October 2009	Lifelines
All Staff Awareness (by Gatekeepers at local schools)	End of October 2009	Lifelines
Lifelines Lessons, n = 7,200 (by Health Teachers to Students,)	Mid-November 2009	Lifelines
2 Regional Trainings: Community - Based, State - Wide		
Gatekeeper TOT (Families & Youth-Serving Professionals)	Mid-December 2009	Connections
Gatekeeper TOT (Mental Health & Substance Abuse Professionals)	Mid-December 2009	Connections
Gatekeeper TOT (VT Division of Children & Families)	Mid-December 2009	Connections
Gatekeeper TOT (Primary Care Providers)	Mid-January 2010	Connections
Gatekeeper TOT (Law Enforcement)	Mid-January 2010	Connections
2 Targeted Communities: Technical Assistance	2010 – 2011	Connections

MACRO's Strategic Planning Model

Goals:

- Tool for technical assistance
- Encourage a public health approach to prevention
- Provide a visual aid
- Anticipate pit falls
- Bolster sustainability

Planning Steps

1. Describe the Problem
 - ✓ Review Data
 - ✓ Assess Resources
 - ✓ Assess Climate
 - ✓
2. Identify Priorities & Long-Range Goals
3. Consult the Science; Identify Strategies
4. Select and Develop Interventions
 - ✓ Articulate Theory & Outcomes
5. Develop an Evaluation Plan
6. Create & Implement Action Plan
 - ✓ Implement Interventions
 - ✓ Evaluate Interventions
 - ✓ Make Improvements

Three Truths and a Fib

Today there are some people you know well and work with regularly and others whom you are just meeting. But in all cases there are certainly many details that you don't know about the people here. This activity is an opportunity to share unexpected bits of trivia about yourself with your colleagues.

Write three statements that are true about you and one statement that's a fib. Try to make your truths fantastic and your fibs believable. (example: "Worked at an ice cream store." becomes "Worked as a super scooper for Ben and Jerry.") Don't write your statements in any particular order. Then move about the room and try to guess which statements are true and which are fibs about the people you meet. Feel free to have a conversation (or make one up!) about anything on your sheet but don't reveal your fib until later. Good Luck!

1.

2.

3.

4.