

# CY: Then and Now

Originally founded as the “Chittenden South Partnership for Youth” (CSPY) and now “CY-Connecting Youth,” our coalition is celebrating its 20<sup>th</sup> anniversary this year! Here are some interesting facts about how we have changed as a coalition and the positive impact we have had on the lives of those in our community!

**1990**—volunteer organization with a handful of committed parents from Charlotte

**2010**—district-wide organization with 7 equivalent FTE’s working to support youth and families.

**1994**—less than \$50,000 in funds coming from ONE grant, the Drug-Free Schools and Communities Title IV program through the Department of Education.

**2000**—funds totaling more than \$500,000, coming from federal, state, school, private foundation, and community sources.

**1994**—12 people serving on the Board of Directors, but no student representation.

**2010**—20 people serving on the Board of Directors, including seven students, two of whom serve as part of our Executive Leadership group.

**1994**—partnerships with 10 or 15 groups/businesses in the community who helped with various prevention projects

**2010**—partnerships with more than 110 organizations in the community, and a half dozen functioning “work groups” that meet as needed to plan and organize prevention projects.

**1994**—part time Student Assistance Program began, at CVU High School only.

**2010**—district-wide Student Assistance Program, with a full-time certified counselor at CVU HS, and at least 2 days of SAP services at all middle schools.

**1994**—a community-based mentoring program, but for very few students and only at CVU.

**2009**—a model school-based, district-wide mentoring program that serves more than 120 5<sup>th</sup> – 8<sup>th</sup> graders and mentoring relationships woven into many projects (e.g., Grad Challenge, CUBSS) at CVU.

**1990**—a few community trainings on substance abuse with Anthony Quintilliani.

**2009**—Several different parent and community education forums each year, including the research-based, five-week program “Staying Connected with Your Teen.”

**1990**—no peer led prevention activities or evidence-based curriculum used in our District.

**2009**—several peer-led prevention groups actively engage youth in promoting wellness—these include CY LEAD, VKAT, LUCA, CUBSS, and VTLSP/SADD. More than 400 students district-wide participate each year! In addition, evidence-based curriculum is now used widely in all schools and reaches more than 2,000 students every year.

## KEY DATA OUTCOMES ACHIEVED IN THE PAST 15 YEARS:

<b>KEY OUTCOME</b>	<b>1995</b>	<b>2009</b>
9th grade alcohol use in past 30 days	45%	18%
9th grade binge drinking in past 30 days	23%	9%
9th grade past-30 day use of cigarettes	36%	4%
9th grade every day use of cigarettes	9%	0%
9th grade past -30 day use of marijuana	36%	10%
12th grade alcohol use in past 30 days	67%	49%
12th grade binge drinking in past 30 days	38%	34%
12th grade past-30 day use of cigarettes	43%	16%
12th grade every day use of cigarettes	13%	2%
12th grade past -30 day use of marijuana	43%	36%
9th -12th made a suicide plan-females	23%	6%
9th -12th made a suicide plan-males	18%	4%