

ABC Quick-Check

Here is a basic checklist that will help you avoid unexpected difficulties while on the road. If you have any equipment questions, visit your local bike shop for a consultation. A bike should fit properly or it is hard to control or possibly dangerous.

1. A - check air--pinch the tires and make sure they are hard. If they are soft, put air in them.
2. B - check brakes - Roll the bike forward and squeeze the handbrakes to make sure they are stopping the bike. You do not have to test pedal brakes.
3. C - check chain. Your chain should be clean and lightly lubricated. If the chain is rusty, lubricate it. If the chain is dirty, take a rag and wipe it down.
4. Quick - check that all the quick-releases are tight. These are usually on the two hubs and the seatpost.