

Content Area: School Climate

Task: **Prevention Memory**

(10 minutes)

At your table group, match the given words with the correct definitions. Only 2 cards may be turned over at a time, as when playing Memory. (Words & definitions provided for prevention, resiliency, developmental assets, risk factors and protective factors).

Prevention

A proactive process that empowers individuals and systems to meet the challenges of life events and transitions by creating and reinforcing conditions that promote healthy behaviors and lifestyles

Resiliency

The capability to spring back, rebound, successfully adapt in the face of adversity, and develop social and academic competence despite exposure to severe stress...or simply the stress of today's world

Developmental Assets

Opportunities, skills, relationships, values and self-perceptions that are essential to young people's success

Risk Factors

Factors associated with alcohol, tobacco & other drug use among youth that tend to increase the likelihood of use

Protective Factors

Factors associated with alcohol, tobacco & other drug use among youth that tend to protect youth and make it less likely they will use

Training task design: Marta Koonz