

Content Area: Pharmacology

Task: **Signs of Use**

(15 minutes)

A) In a small group, sort the cards provided into two piles: those which are signs of substance use and those which are not. We will discuss as a large group.

B) Of those that are signs of substance use, which are “Behaviors of Concern”? (Specific, identifiable, documentable behaviors that interfere with a student’s academic, social, personal, and/or physical growth and performance)

- Absenteeism
- Bloodshot eyes
- Change in physical hygiene
- Come to Class “Stoned”
- Constantly late for class
- Defensive behavior
- Defiance of rules and regulations
- Drop in grades
- Drug-related jewelry, clothing
- Emotional highs and lows
- Frequent visits to bathroom / nurse / counselor
- Glassy eyes
- Isolating themselves
- Leaving school grounds
- Looks “high”
- Loss of initiative
- Not responding in class
- Other students express concern
- Self-mutilation
- Selling possessions
- Short-tempered
- Sitting in the back of class
- Skipping class and/or school
- Sleeping in class
- Smell of alcohol or pot
- Sunglasses in Class / At School
- Switching friends
- Talking Freely About Drug Use
- Think they’re using
- Vandalism
- Verbal abuse
- Weight changes
- Withdrawing from activities
- Work not completed

Training task design: Marta Koonz