

Let's See What You Know About Substance Use

1. What is the leading cause of death for our Vermont youth? (auto crashes that involve alcohol)
2. ___ in ___ between the ages of 14 and 17 are problem drinkers. (1 in 4)
3. On average, how many assets do youth say they have? There are 40 assets. (18)
4. Name one roadblock, or risk factor, that increases the chances of substance abuse. (Being alone more than three hours, watching three or more hours of TV, parents who use, friends who use, family history of drug use)
5. In what % of all rapes is alcohol a contributing factor? (50%)
6. What is the chance that a female will be raped while in college? (1 in 8, 90% don't know their assailant)
7. The effects of smoking marijuana can last ___ days. (2)
8. Put these drugs in order of addictiveness : marijuana, heroin, nicotine (nicotine, heroin, marijuana)
9. _____ kills 1,147 people every day in the USA. (cigarettes)
10. Advertising is trying to do three things. What are they? (a. recruit new users b. increase consumption c. assist consumers in buying their products)
11. _____ is spent every year in advertising alcohol. (\$2 billion)
12. Budweiser spends _____ a year on advertising. (\$110 million)
13. By the age of 18 years, a typical young person has seen _____ commercials. (50,000)
14. A 30-second ad costs _____ to produce. (\$500,000)
15. What are the most dangerous drugs used by children under 14 years old? (inhalants)
16. The average age at first use of alcohol is ___ years old. (12)
17. If a youth starts drinking before the age of 13, they are ___ times more likely to develop a dependence problem, and ___ times more likely to develop an abuse problem. (5, 3)
18. What are the two neurotransmitters released by alcohol? (serotonin, which inhibits behavior impulses, and dopamine, which affects the pleasure and euphoria center)
19. What are three symptoms of alcohol dependence? (tolerance, withdrawal, blackouts)