

**INHALANTS**

**LIQUID OR FUMES**

**Signs of Use**

Slurred speech  
Dazed appearance  
Lethargy  
Nausea & nosebleeds

**Starve body of oxygen**

**Effects**

Dizziness  
Death  
Drowsiness

**Long-Term Effects**

Liver, lung & kidney problems  
Irregular heartbeat

**INHALED OR SNIFFED**

**GLUE, KICK, SNIFF, HUFF, POPPERS**