

## ***Crutch Activity***

Now ask someone to do the “crutch activity” – where someone stands in the middle of the circle, ask the kids to put their cones on the ground near the person in the middle, then ask them to spin 15 times while holding the crutch as high as they can and looking straight up at it, the crutch will be held vertical. The crutch represents drugs and their spinning effect on life.