

Zero

**Experimental
Use**

**Low-Risk
Use**

Abusive Use

**Drink to get drunk,
excessive use of the drug**

Harmful Use

**Use negatively effecting
self or others**

Chemical Dependency

**Depend on for fun,
using as a crutch**

Chemical Addiction

**Loss of control, zero use is the
only option for recovery**

Death

Recovery

Recovery

RECOVERY