

Content area: Chemical Dependency & The Family

Task: **Tell Someone**

(15 minutes)

As a large group, watch the “Tell Someone” video, depicting various families with chemical dependency. We will discuss as a large group.

- What are your thoughts / comments?
- Bring this back to the feeling circles (who's feeling what?) What feelings did you observe?
- Why is it so hard for a member of a family with someone who is chemically dependent to talk to someone? (Use as prep for Family Roles)
- At the end of the video, who did the young people talk to?

Points to make

- Remember how important it is to be aware of the family rules
- Remember to give empowerment messages
- Notice that one of the young people went to talk to their teacher – be prepared

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